

HBAC MTG Notes

Monday, November 11, 2019 11:11 AM



MINUTES

HBAC Work Session Minutes

November 11, 2019

ISEA OFFICE

The meeting was called to order at 5:32 by Valerie Cohen

In Attendance: Rossi Frith, Pam Bemis, Kathleen Wells, Vicki Bonnett, Blake Hammond, Cyndi Bernhardt, Cathy McKay, Katie Northness, Shannon Owens, Joshua Brown, Joe Judge, Valerie Cohen

Mental Health Co pays-

Previous years co pays were waived- can come through as a 40 Co-pay - specialist cost should be PCP.

Magellan is also as option.

Agenda Item #1

Biometric Screenings:

\$10 to Unity Point for each physical done by a Drs office compared to Biometrics \$40 each. Dr could encourage further testing as needed.

Katie: We are not seeing the results from Biometric screening. Some options are: new employees, every other year Biometrics, or not at all.

The full incentive - .5 or above employees are eligible for \$100 incentives.

Challenges that are highest usage are on the Wellmark site.

Risks Cohort - compared apples to apples. Same group of staff 2 years in a row.

Combination of questions determined the results.

Wellness Assessment gave us the organizational health and well being

Katie will find out the last 4 + years or before.

Attendance data for the most liked activities.

Need to reach out to certain groups that have low participation.

Out of 711 AFSCME members 17% participate, vs 67% for the rest of the population.

Should have screen shots of Wellmark website to help staff navigate the website. Handouts may be helpful.

Some buildings have 2 champions. Why?

Does CNC need more Champions?

At Custodian meetings - have help available and handouts.

Each building needs a roster and check off list, this will ensure each employee has been helped.

Target those that are slipping through the cracks.

Text usage - School Connects? Is that for everyone?

Sub Committee for Wellness Champions?

Agenda Item #2

Stress - addressed above

Agenda Items #3

Wellness Audits – Katie to send previous report to committee.

Announcements:

Changes in Vision Coverage has been placed on hold until further review.

Next Meeting:

Monday, January 16, 2019

4:30-5:30pm

DMEA Office located at 206 Center Street, Des Moines, IA