



# MINUTES

## HBAC Work Session Minutes

January 16, 2020

4:30-5:30 p.m.

ISEA OFFICE

206 Center St., Des Moines, IA

Meeting Began 4:30 pm, Chair Valerie Cohen

In attendance: Blake Hammond, Joshua Brown, Melissa Speed, Shannon Owen, Rossi Frith, Valerie Cohen, Joe Judge, Jill Burnett Request, Cathy McKay, Katie Northness, Cyndi Bernhardt.

### Item # 1. Eye Care:

RFP for Eye Care. The RFP will go out Feb 1st, submissions are due back Feb 21st.

Information will be available to the committee for the March meeting.

Current company will need to participate in the RFP.

Are providers connected with any large chain store?

All processes will be completed by May 1st.

The District does not have to make a change.

### Item # 2. Dental Coverage:

Claims have gone up drastically.

16 to 17 % increase in the first few years.

Added Dental "To GO" in 2017, unused coverage could be used in 2018.

Composite fillings were added to the plan, many DDS will only fill with composite.

We pay 80% of high cost, most other insurances pay 50%.

Update coinsurance to 50%. Reduction of 11 % in cost.

The District could go to PPO Providers, this could be up to a 17% impact reduction - could pull out different options to also save on cost and lower the rate.

2020-2021 our DDS rates are expected to rise 5%.

How has the TO Go helped us or how would it impact the rate significantly?

Need to log in to Delta Dental to look at the package.

There were some Issues when age 26 came into play for coverage for dependent children up to the age of 26. , Delta did not upgrade to orthodontia to age 26. That has now been corrected.

### Item #3 Health care:

Pre renewal is at 8% the goal is to get that down.

We are self - insured, we pay no matter what.

We are in talks for reinsurance fees. Basically there are no other options for health care.

Cost savings included spouse Healthy U and Vision Care.

What was the cost savings?

Blood screenings costs are about 155,000 per year.

Item # 4, Next Meeting:

At least a few weeks prior to next meeting get any questions to Cathy & Katie.

What are we expecting for the cuts etc. What are we working towards.

Looking ahead in March - RFP, send any further items to Valerie.

Claims data, have we seen a reduction compared to past years.

Utilization change for Mental health cost, was there a drop?

Wellness Champions - formed a subcommittee. Valerie will send the job description.

Oversight of the Champions- sub comm was for discussion only.

New NOVA information is positive now, a big thank you to Katie. Grafts and positive information rotate.

The change has made a difference.

**Next Meeting:**

Monday March 2nd

5:45 -6:45 p.m.

ISEA /DMEA Office

206 Center St., Des Moines, IA